

"RUN JUMP FLY" CD

By KC Wilkerson

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"RUN JUMP FLY" CD

By KC Wilkerson

NEW MAN

If I ask the right question will the answer come?
If I walk a good path can I still have fun?
Hardest battle that was ever won.

I must remember as long as I'm searching I'll always be free
Before I die I want to celebrate me!

I'm only as rich as I can afford
To give away is it's own reward
Might come back and make me feel adored

I must remember as long as I'm searching I'll always be free
Before I die I want to celebrate me!

The Earth holds the secrets
The spirit guides the soul
Mind is the tool New Man is the goal
The Earth holds the secrets
The spirit guides the soul
Mind is the tool New Man is the goal

I can't do it when I'm dead, those
Little things that help my head
Like making love until we break the bed

I must remember as long as I'm searching I'll always be free
Before I die I want to celebrate me!

Once I dreamt that I was awake
Pushed past the limit I couldn't find the brake
Was it a blessing or just a mistake?

I must remember as long as I'm searching I'll always be free
Before I die I want to celebrate me!

The Earth holds the secrets
The spirit guides the soul
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The Earth holds the secrets
The spirit guides the soul
Mind is the tool New Man is the goal
Long as I'm searching I'll always be free
Before I die I want to celebrate me!
The Earth holds the secrets
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SAVE OUR MOMMA

She's big and round, green and blue
Innocent love for me and you
I'm wondering what we're gonna do
Clean up our act, pull her through

Save Earth, save our, momma
Save Earth, save our, momma
Save Earth, save our, momma
Save Earth, save our, momma

From the mountains high to the valley low
We gotta help everything to grow
She used to do it on her own
Now we've gone and messed up our
Lovely home

Save Earth, save our, momma
Save Earth, save our, momma
Save Earth, save our, momma
Save Earth, save our, momma

I'm asking you to give her love
I always want to see those stars above
Oh momma give us another chance
Sing a song and do our dance

Clear rivers, clean air
It's not to late so don't despair
Jus' treat her right, she'll be fair
Besides, there's no where else to go but here

Save Earth, save our, momma
Save Earth, save our, momma
Save Earth, save our, momma
Save Earth, save our, momma

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GOOD BAD EXAMPLE

Brother on the other side of the world
We used to call them the reds
Can we just ignore Tiananmen Square
How many kids there are dead

To be rich is glorious
It's a democratic sign
If you give a little you better give a lot
Happiness ain't no fine line

Tell the man we're
Tired of a good bad example
Let's show them what freedom means
Tell the man we're
Tired of a good bad example
Let's show them what peace mean

It's the youth of the world
That give us the courage
To speed the changes in our lives
Is the man afraid to listen to new ideas
That could put an end to all our strife

Tell the man we're
Tired of a good bad example
Let's show them what freedom means
Tell the man we're
Tired of a good bad example
Let's show them what peace mean

Four dead in Ohio
Let's not forget what happened there
Students makin' changes in the government
'Don't know the meaning of fear

Tell the man we're
Tired of a good bad example
Let's show them what freedom means
Tell the man we're
Tired of a good bad example
Let's show them what peace means

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WHITE FIRE

They came to this country,
Didn't understand
Why natives here couldn't own the land
Thirty million strong lovers of the Earth
The great creator gave them birth and

Then came fire, still there was fire
Red Earth, Gold Air, Black Water,
White Fire

A few understood the native people here
Embraced their way of life without fear
Lived off the land took only what they need
Struggled for harmony but never felt defeat

Then came fire, still there was fire
Red Earth, Gold Air, Black Water,
White Fire

An' it's sad to carve faces in sacred stone
Fence off the land, slaughter buffalo
If not discovered until now
Would things be better, brothers some how?

Then came fire, still there is fire
Red Earth, Gold Air, Black Water,
White Fire

Millions of people may have native blood
Shows that we're human
Shows that we love
Never too late to understand
Find relation in this land

Bless the fire, transform the fire
Red Earth, Gold Air, Black Water,
White Fire

In the 1960's two hundred fifty thousand
Native Americans were all that remain.
Even so, there are some who teach the sacred
ways to all who pray to understand,
the spirit of the land.

Red Earth, Gold Air, Black Water,
White Fire
Red Earth, Gold Air, Black Water,
White Fire

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SPREAD OUT

Gliding over virgin meadow
Climbing to the cotton sky
Playing in the windy currents
Happy just to be a live
Early morning bells go off
I just want to stay in bed
Working for the corporation
Wondering where my life's been lead

There's a place where I feel famous
In the forest by the streams
People often get to crowded
Make room to find my dreams
I would like to work at home
Check the answering machine
Co-workers on-line video tele conf'rencing

Spread out, move out of the city
Spread out, farther than the burbs
Spread out, we can talk through the wires
Spread out, we can make our lives our own
Spread out

Voluntarily wake at dawn
Silent world before my eyes
Draw the water from the well
Light fills the morning skies
Leave the pressure in the city
Room enough for everyone
Fit my work into my life
Not the other way around

Spread out, move out of the city
Spread out, farther than the burbs
Spread out, we can talk through the wires
Spread out, we can make our lives our own
Spread out

Society grows so big, people tend to loose control
Need our time to fill our lives before we get old
All the great technology if we learn to use it right
Wonder comes back to life no focus on fight or flight

Spread out, move out of the city
Spread out, farther than the burbs
Spread out, we can talk through the wires
Spread out, we can make our lives our own
Spread out

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CHICAGO BEACH

Third Coast Chicago Beach It's our sanctuary
A place to release, intensity of the city
Woh ooh oh oh

Workin' forty hours a week
Just enough time come home
Eat go to sleep
Winter sun rarely shines through
Summer comes back baby
Shake that winter off with you
Woh ooh oh oh
Life is a Beach

Third Coast Chicago Beach It's our sanctuary
A place to release, intensity of the city
Woh ooh oh oh

The beach is in the truest sense
The ultimate religious experience
What was urgent just moments ago
Seems to have faded away
Woh ooh oh oh
Life is a Beach

Third Coast Chicago Beach It's our sanctuary
A place to release, intensity of the city
Woh ooh oh oh

Frisbees, volley ball, in-line skates, bicycles,
water polo, wind boards, bikinis, Pete the
popcorn man, the good humor man, and sand,
hot sand, hot form fitting sand, and did I
mention the lifeguards, you think they know
they have the best job in town, yeah they know.

Wave pulls you up into her welcoming arms
Women on the beach showing their charms
Flying like superman into the shore
Grind your chest into the sand
and go back out for more
Woh ooh oh oh
Life is a Beach

Third Coast Chicago Beach It's our sanctuary
A place to release, intensity of the city
Woh ooh oh oh

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REINCARNATION

Have you ever felt like you've been somewhere?
Something bout that old house standing over there
You get a funny feeling and a thought flashes by
Was it in a novel or does the memory lie?

Have you ever felt like you know someone you don't?
Sure you never met them just got off the boat
You keep silent as you're watching for a clue
They think you're staring what do they mean to you?

Reincarnation, do we live more than once?
If there's a choice I'll get on the bus
If we want to can we take another stance?
Can we stay in heaven, or can we get another chance?

It is possible if we look around
Plants and trees are dying, falling to the ground
Up pops a seedling, add another sprout
Living things recycle why would we be left out?

All that I know, is that we're given
Once at a time the life that were livin'
So many lessons I want to learn
I like thinking there's more time to burn

Reincarnation, do we live more than once?
If there's a choice I'll get on the bus
If we want to can we take another stance?
Can we stay in heaven, or can we get another chance?

Once I left my body, and I did fly
Back to the Earth new light in my eye
I don't have proof, but there's no doubt
I guess it's for some to know, and others to find out

I really love it here, and when my body's old
I hope to comeback fresh, rejoin the fold.
'Til I finally learn it all an' shake this body off
Soaring upward light carry me aloft

(speak chorus)

Reincarnation, do we live more than once?
If there's a choice I'll get on the bus
If we want to can we take another stance?
Can we stay in heaven, or can we get another chance?

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ESCALATE

You see a little pain in my eyes,
Your smile becomes a passionate lie
Was I denied as a child
Ignored and left wild
No amount of love would be too mild

When you're in my arms
Love starts to escalate
When you're in my arms
Love starts to escalate

The way you walk swingin' side to side
Hair like a veil you've always been shy
Your laughter breaks the gloom
When you walk into the room
No one would dare leave you in ruin

When you're in my arms
Love starts to escalate
When you're in my arms
Love starts to escalate

Why can't we grow up knowing
what we're looking for?
Can't someone tell us
what our lives have in store?

Fill up every moment don't waste time
You learned how to stop on a dime
When it doesn't feel right
And there's no one in sight
You carry on and head for the light

When you're in my arms
Love starts to escalate
When you're in my arms
Love starts to escalate

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OH SHOW ME

There's a journey to take, take you away
Bring you back to yourself, oh show
You want to try, try hard to fly
When you stop you're there, oh show

Oh show me the light and I'll
Stand on my own
Oh show me I'm right when I feel alone
Oh show me the light and I'll
Stand on my own
Oh show me I'm right when I feel alone

Let it all be real, real hard to leave
Go out into the world, oh show
One day it comes, comes so they say
It's all for fun right now, oh show

Oh show me the light and I'll
Stand on my own
Oh show me I'm right when I feel alone
Oh show me the light and I'll
Stand on my own
Oh show me I'm right when I feel alone

Oh show my love, love for the world
Celebrate I'm alive, oh show
Oh show my love, love to the world
Celebrate we're alive, oh show

Oh show me the light and I'll
Stand on my own
Oh show me I'm right when I feel alone
Oh show me the light and I'll
Stand on my own
Oh show me I'm right when I feel alone

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RUN, JUMP, FLY

Call all your friends, go to the mountains.
Take your lover off to the sea.
All you need is right there inside you.
Life's what we make it out to be.

There is a passion we must satisfy,
To, open our hearts so we can learn to fly.

Everybody has a different kinda vision,
Some look ahead, others look behind.
Be in the moment so we don't miss out,
It's the perfect ultimate design.

There is a passion we must satisfy,
To, open our hearts so we can learn to fly.

Gravitate, levitate, celebrate!
Run, jump, fly!
Gravitate, levitate, celebrate!
Run, jump, fly!!

Gold in those hills diamonds in the desert,
A treasure chest is at your feet.
If the prize seems to be illusive,
Try the magic word just say please

There is a passion we must satisfy,
To, open our hearts so we can learn to fly..

Gravitate, levitate, celebrate!
Run, jump, fly!
Gravitate, levitate, celebrate!
Run, jump, fly!

What makes you happy go out and do it.
Imagination that is the key.
You know our dreams start the ball rolling,
We got what it takes to be free!

There is a passion we must satisfy,
To, open our hearts so we can learn to fly.

Gravitate, levitate, celebrate!
Run, jump, fly!
Gravitate, levitate, celebrate!
Run, jump, fly!